



STORM ATHLETICS

COMPETITION INFO

PACK

SEASONS
23
24

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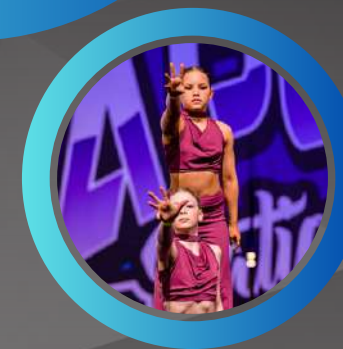
21 - CONTACT INFORMATION



HOME OF U18 LEVEL 3 & IOCNT LEVEL 4 ALL-STAR WORLD CHAMPIONS

Storm Athletics has grown from one small team who trained at a local school to in excess of twenty teams who now train at one of the largest cheer facility on the south coast. Our gym offers two sprung floors and a dedicated tumble area. With over 300 athletes ranging from 3 years to - adults, we still maintain that family feel whilst offering a wide variety of opportunities for all of our athletes.

Storm Athletics continue to enjoy immense success with our competitive Cheer Teams. Having returned U18 L3 and IONT4 World Champions in Season 8 the programme is now setting their sites on even more international success in the 23-24 season. Throughout their journey so far the club and its coaches have maintained a family feel and prioritise a positive coaching environment for all their athletes.



ETHOS

Our main goal at Storm is to help individual athletes progress and experience success. We pride ourselves on setting high expectations, not just in the gym but in the athletes lives in general. We want to inspire athletes to pursue their goals and dreams not only within the sport but also raise their future aspirations and confidence outside of the gym. It is at our core that athletes show respect for themselves, their teammates and their coaches.

We believe instilling this into our athletes at a young age helps set them up for a successful future, all whilst having fun and enjoying a team sport.

WHAT PEOPLE SAY...

“

My daughter has been at Storm since she was very young, and not only learnt cheer skills but also life skills. The club really is a family who encourage, support and guide the athletes to live a healthy and happy life and make friends for life.

”

“

Megan's been with Storm for four years and loves her teams, her coaches and especially winning the competitions!! The club has helped develop her self-confidence and resilience; qualities which will help her in all aspects of life both now and in the future.

”

TEAMS FOR EVERY ATHLETE...

SEASON 9



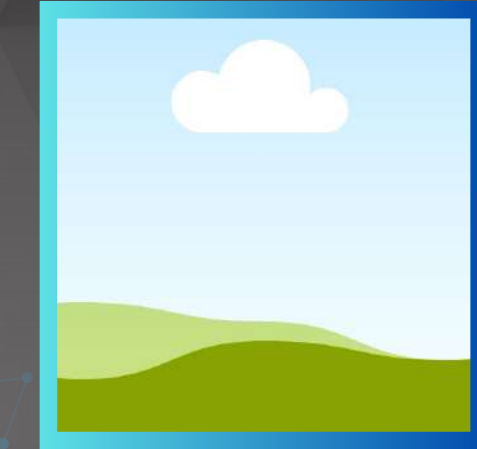
Sarah Carlin Programme Director

I am the Programme Director and head Coach of Storm Athletics. My background is in dance and secondary education which is where I found my passion for cheerleading. I believe in creating a safe and fun environment for all athletes to feel part of a team. Through coaching we can encourage athletes to raise their aspirations and achieve their dreams.



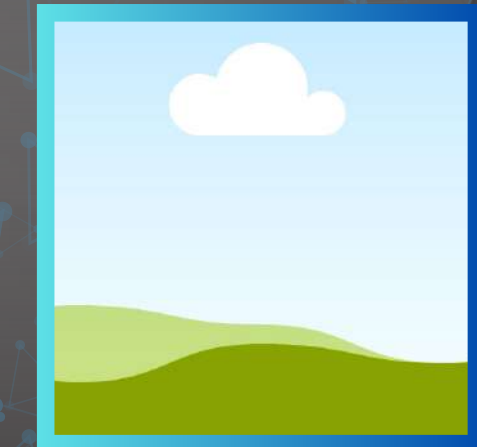
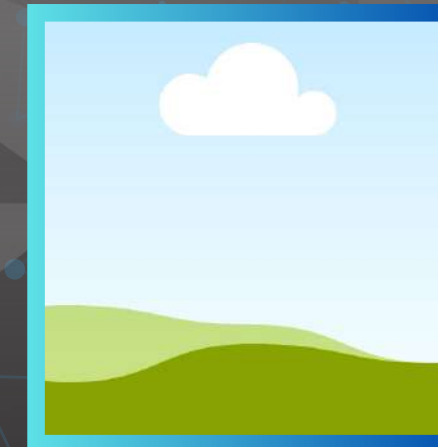
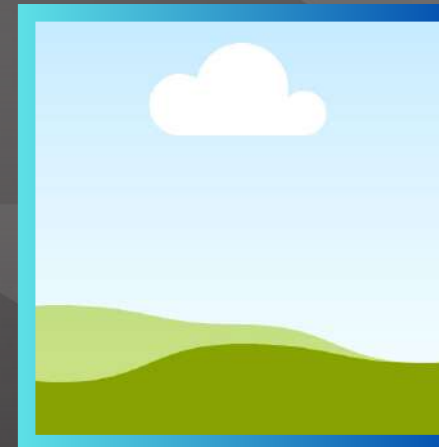
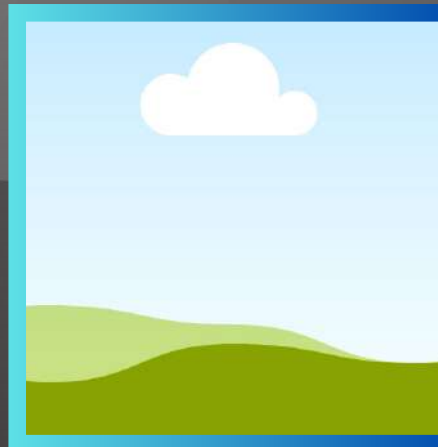
James Carlin Tumbling Director

I am the Tumbling Director at Storm Athletics. I have always had a passion for sport and working with other athletes to achieve new skills and gain confidence. I try to instil in all our athletes that with hard work and determination anything is possible.



Mollie Baker Assistant Competitive Director

Im the assistant director of competitive cheerleading at Storm Athletics. Having cheered with the club for a number of years im excited to take on this role and help grow our programme further. My passion is teaching a strong technique foundations that will help athletes progress within the programme.



MEET THE TEAM

A NEW SYSTEM FOR SEASON 9...

In Season 9 we have invested in a more advanced registration system for our athletes and parents. **ALL PAYMENTS** will be going through the new system so it is easier to track and keep records for all parties.

Everyone must create and use our new account software and save a card to autopay on your portal for all transactions.

All training fees are collected automatically on the 1st of each month. Competition fees and other one off payments will also be automatically charged on the date specified. August 1/2 month fees will be charged on 14th August 23.



Additional Fees / Costs

Any fees that are 10 days past their due date will incur a late administration fee of £10. This charge is due per athlete, per charge on the account.
Any unsuccessful payments on the account will incur a £2 fee per transaction.

It is the responsibility of the athlete/ parent to ensure all card and billing information is up to date and funds are available on the payment deadlines. of the athlete/ parent to ensure all card and billing information is up to date and funds are available on the payment deadlines.

REGISTRATION

All athletes must pay the annual Registration fee before commencing classes with us.

Fees have increased from last season to include registration with Sport Cheer England and personalised competition music for all teams.

Registration Fee includes:
New training vest, Registration with Sport Cheer England, Music fees & personalisation, Music licensing and admin costs.

Novice Teams	£55
Prep/Allstar Teams	£65
Travel Teams	£75

One registration fee is due per athlete regardless of how many teams that athlete competes on.
Registration fee Deadline is 14th August 23.

Additional Training Sessions

At points through the season coaches may feel additional training sessions are required to help a team be at their best. If this is the case as much notice will be given as possible when arranging extra sessions.

All extra sessions are chargeable at £5 per hour per person through your parent portal.

YEARLY FEES / COSTS

KEY DATES FOR SEASON 9

- Registration Week - 8th - 13th August**
- Summer Timetable - 14th Aug - 3rd Sept**
- Full Training Schedule - Monday 4th Sept**
- Last Day of Season - Friday 12th July 24**
- Season 10 Try-outs - W/C Mon 15th July**

HALF TERMS

All Cheer Teams apart from Raindrops and Whirlwind continue to train as normal during all school half terms.

Raindrops and Whirlwind run term time only.

Dance, Stunt and Masters teams run term time only.

BANK HOLIDAYS

The gym will remain closed on all Bank Holidays throughout the season as we believe this is vital family time for our athletes and their families.

Teams who train on a Monday will miss 4 sessions over the season of normal training and Friday teams will miss 1.

Please see choreography dates/ additional training for the make up sessions in lue of these bank holidays.

CHRISTMAS

The gym is closed for the Christmas break from Tuesday 19th December 23 until Tuesday 2nd January 24. Classes run as normal on Monday 18th Dec to make up for the bank holiday on Monday 1st January 2024.

Last Day of training - Mon 18th Dec 23
First Day back at training - Tues 2nd Jan 24

EASTER

The gym is open as normal throughout the Easter holidays apart from Easter weekend itself when we will be closed Friday 29th March - Monday 1st April 24.

USA TRIP

When the club goes to the USA to compete we will be running an amended timetable.

The gym will be closed for 1 week from Tuesday 16th April until Wednesday 24th April with classes returning on Thursday 25th April 24. We are staying open as normal in the Easter break to account for any missed hours during this time.

From Thursday 24th April through to when the head coaches return on Sunday 5th May the club will run an amenede timetable due to some of the staff being away.

A copy of this timetable will be available on your parent portal no later than the 1st January 24.

End of Season Party - Satyrday 13th July 24 @ Thorngate Halls in Gosport (Tickets approx £20-£25 each available 1st May - 20th June 24)

Stunt with Summit Fundraiser - Sunday 14th January 24 2-4pm @ Storm Gym (£12 per person 2 hour workshop fundraiser)

Family Fun Day - Saturday 9th September 23 4pm onwards @ Lee Seafront (Get to know other families from the club and have a BBQ)

Christmas Fayre -

Beach Clean Up - Saturday 14th Oct 23 (Join us from Stokes BBay to Hill head as we do a Beach Clean up to help support our local area)

SEASON 9 DATES



2023/2024 AGE GRID...

Novice/Prep/Allstar

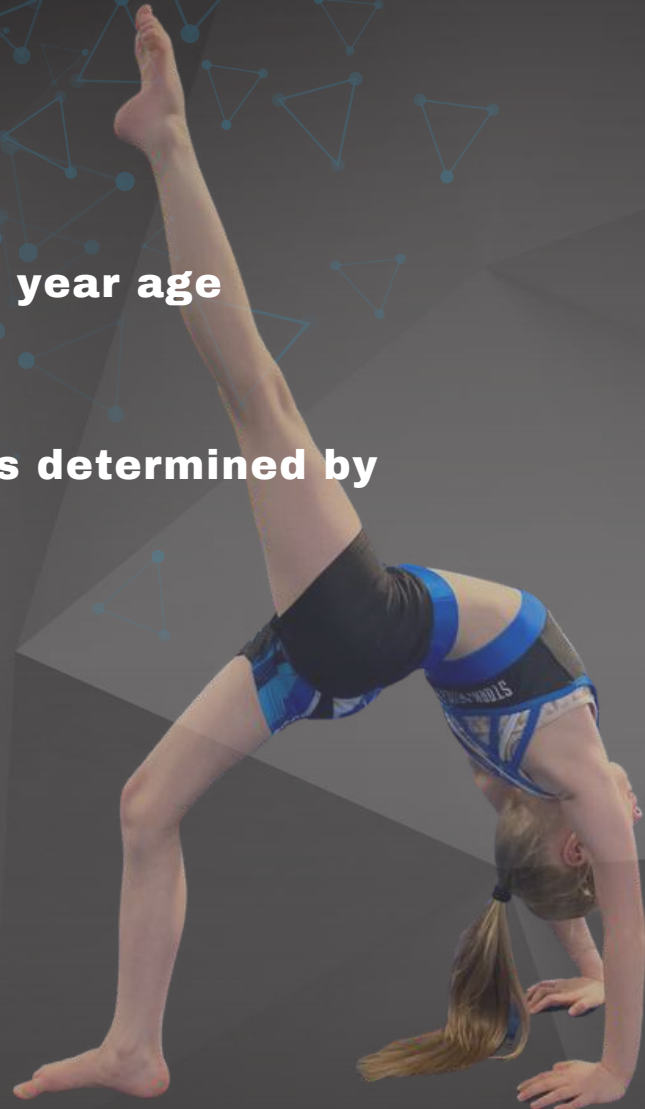
An Athletes age for the entire 2023/2024 season is determined by their age as of 31st August 2023.

- **Tiny (3-6 years)**
- **Mini (5-8 years)**
- **Youth (7-11 years)**
- **Junior (8-14 years)**
- **Senior (11 years +) -only a 10 year age range allowed**

International Divisions

The eligible age of an athletes is determined by their age during 2024.

- **U12 (birth years 2011-2016)**
- **U16 (birth years 2007-2012)**
- **U18 (birth year 2005 - 1010)**
- **Open (born 2008 or ealier)**



MORE INFORMATION

Athletes must compete in their lowest age division unless otherwise advised by the Head Coach. However, cross over teams may be available for some athletes depending on skill level.

We endeavour to place all athletes on a team that they can be successful in and have a main role in all elements of the routine. Some athletes will then be offered a development team that will enable them to start developing the skills of the next level.

SEASON 9 TEAMS

RAINDROPS
TINY NOVICE

WHIRLWIND
MINI NOVICE

MIST
MINI ALLSTAR 1

THUNDER
YOUTH PREP 1

LIGHTNING
U12 LEVEL 1

MONSOON
YOUTH ALLSTAR 2

VORTEX
JUNIOR PREP 2.1

HURRICANE
JUNIOR ALLSTAR 1

HAIL
U16 LEVEL 1

J-3LECTRIC
JUNIOR ALLSTAR 3

TORRENT
SENIOR PREP 2.1

BLACK ICE
U18 LEVEL 2

MASTERS
MASTERS LEVEL 1

TWISTED
SENIOR 1

FORCE TEN
NON-TUMBLE 2/3

R4IN
NON-TUMBLE 4

C6
NON-TUMBLE 6

G-4ORCE
SENIOR ALL GIRL 4



In Season 9 we have developed a timetable that offers a lot of room for progression and development as we know how important this is to athletes and their families.

Athletes on Novice teams are required to attend a tumble class in addition to their team training. All other athletes can opt for additional tumble class but this is optional. We are also offering additional jump, and stunt progression sessions.

TRAVEL TEAMS

THE YOUTH SUMMIT

This year we are looking to take our first ever team to The Youth Summit in Tampa, Florida.

This is a huge opportunity for our programme and UK cheer as this is a new division at this competition. This competition is bid dependent

Competition Dates - April 25th - 26th 2024.



CHEERSPORT

The next travel opportunity we have in Season 9 is Cheersport Atlanta.

This is a 1/2 season team for athletes born 01/06/2004 - 2011. We will aim to take 1 senior aged team to this competition (separate try-outs required)

Competition Date - 17-18th February 2023.



Updated - 23/07/23
Travel teams will receive an in-depth information pack which will include all details and costings of the trip.
Initial team meeting to be held on Saturday 29th July at 4:30pm - Cheersport
Saturday 29th July at 5:30pm - Worlds/Summit

THE SUMMIT

In season 9 Storm Athletics will be heading back to The Summit is Florida, USA.

This is such a prestigious event and being able to represent UK cheer here is of huge importance to our programme. This competition is bid dependent.

Competition Date - May 2nd-5th 2024.



AS WORLD CHAMPIONSHIP

That's right we will be heading back to defend our World Championship titles in 2024.

This competition is for athletes who make our elite level teams. We will be looking to take a minimum of 3 teams in 2024.

Competition Date - 18th - 21st April 2024.



“ I'm so grateful to Storm for all they have done for my daughter and her confidence. She has gained friends for life and found something she can be really passionate about. ”

TRAINING DATES

All Cheersport training happens approx every other Friday.

11th August
18th August
1st September
15th September
29th September
6th October
20th October
3rd November
17th November
1st December
15th December
5th January
19th January
2nd February
9th February

Training runs from 6pm to 9pm at Storm Athletics Gym.

CHOREO DATES

Tw1sted will have 2 additional choreography days.

Sunday 17th September 8-12noon
Sunday 24th September 8-12noon

CHEERSPORT



There will be a Cheersport meeting to discuss the trip and plans for the team on Saturday 29th July 4:30-5:30pm

COSTS

Training fees are charged at £6 per hour per athlete. These fees will be taken on the day of training using the autopay system on your parent portal.

Choreography sessions are charged at £24 per session and will again be automatically taken on the day of the session.

All athletes are subject to the normal yearly fees for the club.

This team is likely to have additional training which will be arranged with the team - this is charged at £6 per hour.

We are excited to confirm that this year's theme is "IT". The routine will involve elements and key phrases from the film to add to the routine. Athletes will wear the new competition kit along with hair and make up specific to the theme of the routine.



TRAINING DATES

All C6 training happens approx every other Sunday.

20th August
10th September
24th September
1st October
29th October
12th November
26th November
17th December
7th January
21st January
4th February
18th February
25th February
10th March
24th March
7th April
14th April
19th May
2nd June
9th June
30th June

In addition to the above dates we have choreography with TopGun in Lancing on 8th October and 22nd October 3-8pm.

A clean up session may also be required in early June but this will be communicated as early as possible.

C6 TOCNT6

The road to worlds begins now...



All Force 10 training happens approx every other Sunday.

27th August
3rd September
17th September
1st October
15th October
5th November
26th November
3rd December
17th December
14th January
28th January
11th February
25th February
10th March
24th March
7th April
14th April
19th May
2nd June
9th June
30th June

In addition to the above dates we have in house choreography on Saturday 14th October 5-9pm. An additional clean up session will be added during June.

FORCE 10

CHEER TEAM TIMETABLE

TEAM NAME	DIVISION	TEAM DAY 1	TEAM DAY 2	MONTHLY COST	CROSSOVER COST
RAINDROPS	TINY NOVICE	MON 4:30-5:30	N/A	£32.68	N/A
WHIRLWIND	MINI NOVICE	MON 6:30-7:30	N/A	£36.74	£21.33
MIST	MINI ALLSTAR 1	MON 4:30-6:30	TUES 4:30-5:30	£59.07	£34.17
THUNDER	YOUTH PREP 1	TUES 5:30-7:30	WED 6:30-7:30	£59.07	£34.17
LIGHTNING	U12 LEVEL 1	FRI 4-6	WED 5:30-6:30	£66.17	£38.25
MONSOON	YOUTH ALLSTAR 2	THURS 4:30-6:30	WED 4:30-5:30	£63.13	£36.50
VORTEX	JUNIOR PREP 2.1	MON 6:30-8:30	THURS 4:30-5:30	£63.13	£36.50
HURRICANE	JUNIOR ALLSTAR 1	THURS 6:30-8:30	WED 7:30-8:30	£63.13	£36.50
HAIL	U16 LEVEL 1	TUES 4:30-6:30	WED 4:30-6:30	£86.47	£49.92
J-3LECTRIC	JUNIOR ALLSTAR 3	WED 6:30-8:30	TUES 6:30-7:30	£66.17	£38.25
TORRENT	SENIOR PREP 2.1	TUES 7:30-9:30	THURS 4:30-5:30	£63.13	£36.50
BLACK ICE	U18 LEVEL 2	TUES 7:30-9:30	THURS 5:30-7:30	£86.47	£49.92
G-4ORCE	SENIOR ALLSTAR 4	THURS 7:30-9:30	TUES 6:30-7:30	£69.22	£40.01
MASTERS	MASTERS LEVEL 1	THURS 8:30-9:30	N/A	£36.74	£21.33
TWISTED	SENIOR ALLSTAR 1	SEE TRAVEL PAGE	N/A	SEE TRAVEL PAGE	SEE TRAVEL PAGE
FORCE TEN	NON - TUMBLE	SEE PAGE	N/A	£36.74	£21.33
R4IN	IONT LEVEL 4	WED 8:00-10PM	N/A	£64.17	£39.06
C6	IOCNT LEVEL 6	SEE PAGE	N/A	£64.17	£39.06

Training Fees and Additional Info

All training fees are due 1st September 23 - 1st July 24. All athletes pay 1/2 fee for the month of August with the exception of Raindrops, Whirlwind and Masters who don't start training until September.

Training fees are calculated by adding up all training for the full season and dividing by 12 so athletes pay the same amount each month regardless of training that month.

All Bank Holidays and planned club closures have been taken into account when calculating fees. We have also deducted 2 training sessions over the season to account for any staff sickness or emergencies that cannot get cover.

Training fees are due for all training regardless of missed sessions.

All Novice athletes are also REQUIRED to add on a tumble class to their training schedule.

This season crossover fees have been calculated based on the crossover team. Therefore the fee directly correlates with the number of hours the team train and the experience of the coach delivering the session.

COMPETATIVE TEAM EXPECTATIONS

Cheerleading is a highly competitive sport - to be successful we expect athletes and their families to be committed to their training and competition schedule.

All athletes who accept a place on a competition team **MUST** be able to attend all competitions, showcases and choreography listed in the pack.

We believe in trying to support families having a balance between being in a committed sport and essential family/friend time. This is why we have tried to avoid school holidays as much as possible for all events and choreography sessions.

We know that through the year events can be added such as school residential or a family wedding so we ask that communication is prompt when these occur so we can accommodate as well as possible.

It is expected that athletes attend all training sessions throughout the year and arrive promptly in appropriate sporting attire with a positive attitude.

Athletes and their families are expected to uphold good working relationships with their teammates, the staff and all those affiliated with the club. We believe in creating a supportive and safe environment for all who attend Storm Athletics.

We believe in setting high expectations of our athletes inside the gym, in the community and at school/college. It is important that athletes understand they represent the club in all they do and we will support parents/ schools/colleges in ensuring positive behaviour in all environments.



CHEER TEAMS

	SNOWFEST	FROST FESTIVAL	JAMFEST NORTH	FC SPOTLIGHT	ICE BLAST	BCA NATIONALS	ICC SOUTHERN JAM	JAMFEST EUROPE	SUMMERFEST	FC NATIONALS
RAINDROPS	☑						☑		☑	
WHIRLWIND	☑						☑		☑	
MIST	☑			☑			☑		☑	☑
THUNDER	☑			☑	☑		☑		☑	
LIGHTNING	☑		☑	☑			☑		☑	
MONSOON	☑			☑			☑		☑	☑
VORTEX	☑			☑	☑		☑		☑	
HURRICANE	☑			☑			☑		☑	☑
HAIL	☑		☑	☑	☑			☑	☑	☑
J-3LECTRIC	☑			☑			☑		☑	☑
TORRENT	☑			☑	☑		☑		☑	
BLACK ICE	☑		☑	☑	☑			☑	☑	☑
G-4ORCE							☑	☑	☑	
MASTERS				☑			☑		☑	☑
TWISTED	☑	☑								
FORCE TEN	☑			☑			☑		☑	
R4IN	☑			☑			☑		☑	
C6						☑		☑	☑	☑

COMPETITION SCHEDULE

COMPETITION SCHEDULE

STUNT

	SNOWFEST	FROST FESTIVAL	JAMFEST NORTH	FC SPOTLIGHT	ICE BLAST	BCA NATIONALS	ICC SOUTHERN JAM	JAMFEST EUROPE	SUMMERFEST	FC NATIONALS
SNOWBURST				☑					☑	
FROST				☑					☑	
SNOWFLAKE							☑		☑	
SHOCK				☑					☑	
SPARKS							☑		☑	
TORNADO							☑		☑	
TWISTERS				☑					☑	
TNG				☑					☑	
CODE 6				☑					☑	

Stunt Groups Competition Entry

Stunt Groups attending FC Spotlight and Summerfest £52.90
 Stunt Groups attending ICC Southern James and Summerfest £41.40

Payment for competition entry will be taken using the auto pay on the parent portal on 1st January 24.



Stunt in Season 9

As some of you may be aware a number of EPs have chosen not to offer Stunt at their events therefore we are using this opportunity to help continue skill development and levelling up of skills by attending less competitions. Stunt groups will only run if all athletes from the group accept their placements.

Stunt Groups Competition Kit / Hair

Stunt groups wear the same competition uniform as they do for their cheerleading team. Hair is based on the age of the stunt group division:
 Tiny/ Mini/ Youth/ Junior Stunt - 2 dutch plaits to low pony with bow
 Senior/ Open/ Masters - High puff pony with curled ends

Stunt Team Training

All stunt team training is term time only running from September onwards. They will only run on weeks inline with Hampshire school term times. Stunt groups will learn choreography during their team training sessions.

Stunt Group Team Acceptance

Stunt groups will only run if all members of the group accept their space due to the nature of the division.



COMPETITIONS

SNOWFEST

Storm Athletics Showcase

Saturday 2nd Dec 23

Storm Athletics
Unit 1 Wingate Wokspace
Gosport
Hampshire
PO12 4HE

All Competition Teams
(not C6)

Showcase will be split into
2 sessions (Tickets 4y+)
1 Session Ticket - £12
2 Sessions Ticket - £20
Ticket Payments
1st Oct - 20th Nov 2023

Athlete Medals included

FROST FEST

Cheer City Competition

Sat 9 / Sun 10th Dec 23

VENUE TBC
Conventry

Tw1sted

Tickets 4y and under are
FREE
1 Session Ticket - £14

Ticket Payments
1st Aug - 20th Sept 2023

Athlete Medals included

NORTHERNS

Jamfest Competition

Sat 2 / Sun 3rd March 24

Winter Gardens
Church Street
Blackpool
FY1 1HL

Lightning, Hail, Black Ice

Spectators to purchase
their own tickets directly
from Varsity Jamfest
Northerns website

Athlete Medals not included

SPOTLIGHT

Future Cheer Competition

Sat 16 / Sun 17th March 24

Essex University
Wivenhoe
Colchester
CO4 3SQ

See Competition Tick Grid

Tickets per session or day
(Sessions TBC)
5-11years £12 / £17
12years + £17 / £25
Ticket Payments
1st Nov - 20th Dec 23

Athlete Medals not included

ICE BLAST

ICE Competition

Sat 11 / Sun 12th May 24

K2 Centre
Pease Pottage Hill
Crawley
RH11 9BQ

See Competition Tick Grid

Tickets session/ Weekend
Under 5years FREE
Session Ticket - £16
Weekend Pass - £45
Ticket Payments
1st Jan - 20th Feb 24

Athlete Medals included

NATIONALS

BCA Competition

Sat 25 / Sun 26th May 24

Telford Centre
Woodhouse Central
Telford
TF3 4BX

C6

Spectators to purchase
their own tickets directly
from BCA Website

Athlete Medals not included

SOUTHERN

ICC Competition

Sat 8th June 24

Guildford Spectrum
Parkway
Guildford
GU1 1UP

See Competition Tick Grid

Tickets under 5 / OAP Free
Session
Session Ticket £12

Payment Deadline
1st Feb - 20th Mar 24

Athlete Medals included

JAMFEST

Jamfest Europe Competition

21st - 23rd June 24

M and S Arena
Kings Dock
Port of Liverpool
Liverpool
L3 4FP

Hail, Black Ice, G-4orce, C6

Spectators to purchase
their own tickets directly
from Varsity Jamfest
website

Athlete Medals not included

SUMMERFEST

Storm Athletics Showcase

Sat 29th June 24

Storm Athletics
Unit 1 Wingate Workspace
Gosport
Hampshire
PO12 4HE

All Competition Teams

Showcase will be split into
2 sessions (Tickets 4y+)
1 Session Ticket - £12
2 Session Ticket - £20
Ticket Payments
1st May - 20th June 24

Athlete Medals included

NATIONALS

FC Bournemouth

5th - 7th July 24

BIC
Exeter Road
Bournemouth
BH2 FBH

See Competition Tick Grid

Spectator pricing and
deadline information is
yet to be released

Athlete Medals not included

COMPETITION FAQ'S

How Many Competitions do Teams Attend?

All Competition teams attend between 1 and 5 competitions per season alongside our 2 in house showcases. When choosing our competitions we try to pick events that do not cross with school holidays and are competitively priced whilst maintaining a fun atmosphere.

How do I get to Competitions/ Should I book accommodation?

We recommend booking cancelable accommodation well in advance as many hotels sell out on competition weekends. It is advised that for competitions further away athletes stay at a hotel to ensure they are well rested before competing. Unless otherwise stated all athletes should arrange their own transportation.

What time will my athlete compete?

Most EPs will give an indication of which session a division will run approx. 3 months prior to the event with more confirmed times being released 2-3 week prior. Everyone will receive this information from the club as soon as its released. Please keep the whole day / weekend free until this information is finalised.

What should my athlete and supports wear to competition?

All athletes should arrive at the event in their full competition kit, hair and any make-up done. It is important to represent the club well so we expect athletes to wear club merchandise as cover ups throughout the day. Supporters should try to wear club merchandise or club colours to help support at events.

How and when do I order spectator tickets?

Tickets for all events will be ordered online through our parent portal during the ticket purchase window listed unless otherwise stated. Athletes do not need a spectator ticket for an event however their athlete wristband DOES NOT entitle them a seat at competitions so please bare this is mind.

Please note all competition entry fees and Tickets purchased through the club are non-refundable.

COMPETITION FEES 3 EASY WAYS TO PAY ...

All competition entry fees include athlete entry and an administration charge. All competiiton fees will be deducted online automatically from your parent portal account on their due date. Please note that some of the below entry fees have been calculated from 22/23 pricing as we await updates from EPs. This document will updated as this information is confirmed.

OPTION 1

Pay competition fees upfront at the start of the season.

The full amount of comp fees including crossovers will be due on your account on 1st October 23

OPTION 2

Pay competition fees in 2 payments at the start of the season.

The first payment would be due on your account on 1st September 23, the second payment would be due 1st November 23.

OPTION 3

Pay competition fees in 4 payments at the start of the season.

The four payments would be due on the 1st September, 1st October, 1st November and 1st December 23.

Crossover Competition Fees

Crossover Competition fees are calculated on a team by team basis. Please contact Sarah at Headcoach@stormathleticsuk.com if you are unsure of your competition crossover entry fee. (These are at a deduced rate than a full first team)

Main Team - your main team is your youngest team placement unless your on a Summit Team then this is your main team.



	OPTION 1	OPTION 2	OPTION 3
RAINDROPS	£66.70	£38.70	-
WHIRLWIND	£66.70	£38.70	-
MIST	£166.75	£88.38	£46.69
THUNDER	£139.15	£74.58	£39.79
LIGHTNING	£172.50	£91.25	£48.13
MONSOON	£166.75	£88.38	£46.69
VORTEX	£139.15	£74.58	£39.79
HURRICANE	£166.75	£88.38	£46.69
HAIL	£262.50	£136.25	£70.63
J-3LECTRIC	£166.75	£88.38	£46.69
TORRENT	£139.15	£74.58	£39.79
BLACK ICE	£262.50	136.25	£70.63
G-4ORCE	£79.35	£44.68	£24.84
MASTERS	£149.50	£79.75	£42.38
TWISTED	SEE INFO	-	-
FORCE TEN	£110.40	£60.20	£32.60
R4IN	£110.40	£60.20	£32.60
C6	£172.50	£91.25	£48.13

Please Note - We are a family run buisness and do understand that financial circomstances may change in a season. We always encourage an open line of communication regarding finances so we can support our families.

UNIFORM

Novice teams will be wearing kit 1 for Season 9 £135. Each kit stays for 3 years and the year 23/24 is year 1 of 3.

J-electric will be re-using the Varsity kit from Season 8, year 23/24 is year 2 of 3.

All other teams will be wearing kit 2 for Season 9 £197. Year 23/24 is year 1 of 3.

Kits take approx 12 weeks to arrive from the order date. Kits will be ordered no later than 15th Sept 23.

SHOES

All competition athletes are required to wear the Storm V-ROs.

We recommend for athletes who train multiple times a week that these are worn for red zone and comp only so they last longer.

Athletes are required to wear cheerleading shoes for all training in the gym.



HAIR

All female athletes with long hair will have 2 dutch braids into a low pony with the Season 8 comp bow which is available to buy online from the pro shop £15.

Any hair too short for this style will be agreed on with the individual athlete.

Travel teams will have hair based on the theme of their routine - please wait for this information.

MAKE - UP

Athletes are not required to wear make up for competitions. However they are welcome to wear light natural make up and silver eye glitter.

Travel teams will have specific make-up to match their themes.

KIT 1



SHOES



MALE KIT



Male kits are £143. Year 23/24 is year 1 of 3.

Sizing kits of the full uniform will arrive by the end of August and so the W/C 4th Sept everyone will be invited in to try.

Please note it is athletes/parents responsibility to order the correct uniform size.



Please wear plain black ankle socks that don't show at the tops of the competition shoes.

All jewellery is allowed to be worn on the competition floor - even it can be covered. Please DO NOT get new piercings in the run up to competitions.

KIT 2



UNIFORM

CHOREOGRAPHY

TEAM NAME	CHOREO DATE/TIME	CHOREO COST
RAINDROPS	SATURDAY 9TH MARCH 08:00-10:00	FREE*
WHIRLWIND	SUNDAY 10TH MARCH 08:00-10:00	FREE*
MIST	SATURDAY 14TH OCTOBER 12:00-16:00	FREE*
THUNDER	FRIDAY 22ND SEPTEMBER 18:00-20:30	£12.50
LIGHTNING	FRI 8TH SEPT 18:00-20:00, FRI 29TH SEPT 18:00-20:00, SUN 1ST OCTOBER 08:00-12:00	£12/£12/£24
MONSOON	SATURDAY 30TH SEPTEMBER 13:00-17:00	£20
VORTEX	FRIDAY 13TH OCTOBER 18:00-21:00	FREE*
HURRICANE	SUNDAY 24TH SEPTEMBER 16:00-20:00	£20
HAIL	SAT 30TH SEPT 08:00-12:00, SAT 14TH OCT 08:00-12:00, SAT 20TH JAN 08:00-10:00	£24/£24/£12
J-3LECTRIC	SUNDAY 24TH SEPTEMBER 12:00-16:00	£20
TORRENT	FRIDAY 10TH NOVEMBER 18:00-21:00	£15
BLACK ICE	SUN 8TH OCT 09:00-14:00 & 22ND OCT 09:00-14:00	£60/£60
G-4ORCE	FRI 23RD FEB 18:00-21:00, FRI 8TH MAR 18:00-21:00	£15/£15
MASTERS	TBC	TBC
TWISTED	SUN 17TH SEPT 08:00-12:00, SUN 24TH SEPT 08:00-12:00	£24/£24
FORCE TEN	SATURDAY 14TH OCTOBER 17:00-21:00	£20
R4IN	TBC	TBC
C6	8TH OCT 15:00-20:00 & 22ND OCT 15:00-20:00	£60/£60

ADDITIONAL INFO

All athletes must attend all choreography days

Choreography Costs will be deducted from the payment card on your account on the day of your session automatically.

Team social days have been pencilled in in advance to help with planning. Once the team whatsapp groups are set up we will decide as a group the activity and confirm the date. Teams will aim to do an activity that costs under £20 per person.

All Choreography sessions take place at Storm Athletics gym with the exception of Black Ice and C6 who have their sessions at Top Gun Gym in Lancing.

Often Choreography sessions are themed with a fun dress up - we will confirm the theme of this in your team whatsapp groups closer to the date.

*These sessions are free due to missed training on Bank Holidays

TYPES OF TUMBLE

In Season 9 we have developed a wider variety of tumble classes to enhance the skills of our athletes and to further their progression.

We now offer tumbles based on the competitive level they want to achieve/master, by age and by skill.

All of our weekly tumble classes run in line with our competitive schedule and are paid monthly.

COST

Recreational Only Athletes £25
Competitive Athlete £15

DATES

Tumble Classes run throughout school holidays with the exception of bank holidays and any other closures listed on page 6.

Boys Tumble on Fridays will not run on the following dates due to travel for competition:

1st March 24

21st June 24

5th July 24

Any dates missed due to these can be made up by attending alternative classes.

	Monday	Tuesday	Wednesday	Thursday	Friday
16:00	Private	Private	Private	Private	Private
16:30	Private			Tiny Tumblers	Boys Tumble
17:00	Private				
17:30	Level 1 Tumble	BHS	7-11y Tumble		Private
18:00					
18:30	Boys Tumble	BWO	BHS	Level 3+ Tumble Tucks - Twists	
19:00					
19:30	Level 2 Tumble			12y+ Tumble	
20:00					
20:30	Level 3+ Tumble Tucks - Twists				
21:00					

HOW TO BOOK

All tumble classes will be available to book online via our parent portal which will go live in August.

Please keep an eye on social media and email communication for further information.



TUMBLE CLASSES

PAYG TUMBLE

Pay As You Go tumble will continue to run on a Sunday evening 6-7pm.

They will run every week unless its a competition weekend starting from September (please see page 13).

PAYG Tumble is charged at £6 per athlete and is payable at reception on the day.

EXTRA INFO

Please note that all of the PAYG sessions are open to members and non-members.

Parents are unable to enter the gym itself but are welcome in the viewing room whilst the sessions take place.

OPEN GYM

Open Gym will run on a Friday evening every other week 6-7:30pm with the exception of comp weekends.

This is an unstructured session at the gym for athletes to work on their skills using the facility.

Open gym will be charged at £7 per session.

PAYG CLASSES



ATTENDANCE POLICY

TEAM DATES

All competitions and choreography dates **MUST** be attended by all competition athletes.

Any dates that may conflict with the Storm Athletics schedule need to be sent via email to headcoach@stormathleticsuk.com as soon as you are made aware.

Any absences are left to the discretion of the coaches/head coaches.

Competative cheerleading and dance is a demanding team sport that takes the full comitment from athletes and parents/guardians. Please ensure that you can fully commit to the team and all associated dates when accepting you team placement/s. Remember that one absence can effect a whole team from training.

Any unauthorised missed training sessions may result in your position being lost within the team, this is left to the descretion of the coaches and head coaches.

AUTHORISED

School graded events are accepted absences however these must still be communicated prior to the event and evidence from the school must be provided. School discos do not count as a graded event.

Family emergencies and severe sickness are also authorised but communication must be made prior to headcoach@stormathleticsuk.com where possible.



RED ZONE

To ensure a team can be highly competitive at competitions and the athletes go out onto the floor feeling confident we encourage a 100% attendance.

We do enforce a 3 week red zone around competitions/showcases - this means no training can be missed the 3 weeks prior to an event unless already agreed by the Head Coach.

To help families with planning we suggest highlighting these dates in your calendar at the start of the season.

Any athlete who misses a training session without prior approval in this time will be removed for that event and incur a £50 re-choreography fee on their account.

CONTACT INFORMATION

This season we have employed 3 additional staff to help with communication and customer service at the gym. Please use the below information as a reference for who to contact with which questions.

Please only contact staff via the emails below for a prompt response. Under no circumstances should staff be contacted via social media.

Team whatsapps will be created at the start of the season for all parents of the team. Essential team information and reminders will be shared on these groups by Sarah.

SARAH

HEADCOACH@STORMATHLETICSUK.COM

Finances

Athlete Welfare

General Enquires

JAMES

JAMES@STORMATHLETICSUK.COM

Complaints

Customer Portal

MOLLIE

MOLLIE@STORMATHLETICSUK.COM

Recreational Classes
/ After school clubs

Proshop

Absences



THANK YOU AND SEE YOU IN SEASON 9!

